



# Mill Creek Elementary

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Brenda Fuglevand, Principal

Kristin Dickert, Assistant Principal

Friday, April 22, 2022

## Greetings, Mill Creek Families!

This week's Friday Family Update contains a BIG announcement, also shared this past Monday night, with all who attended our PTA General Meeting:

*Dear Families,*

*It is with a warm and satisfied heart that I officially announce my retirement at the end of June. I have worked in education for 40 years. For the first 17 years I was an elementary school teacher. During the next 22 years I worked as the assistant principal at Garfield and Cedar Wood and the principal at both Lowell and Forest View. I have had the good fortune to spend the final 11 years of my educational career here at Mill Creek Elementary, as your principal.*



*My first impression at Mill Creek was that the students are the politest I've worked with...and they still are. Students will ask me how my weekend was and genuinely want a response. They say good morning and hold the door. They tell me things like, "This is my kind heart necklace. It reminds me to show kindness."*

*You, our parent community, have been tremendously supportive of our school and trusted my leadership on behalf of your children. Our partnership has allowed us to continually grow and realize new possibilities, as a school community. During my tenure, I feel that your volunteer involvement, generosity and ongoing support of our instructional program has been one of our school's greatest gifts. I feel tremendously satisfied with all we've accomplished and it has been an honor to lead this fabulous group.*

*In retirement I will affectionately remember the many positive experiences I've had with students, staff and families. I will also be turning my attention to a new set of children, as my newly married son and his wife are expecting twins in May! Life is unfolding in wonderful new ways and I'm looking forward to the next exciting chapter!*

*Sincerely,  
Brenda*

**Please be aware of two important meetings coming up. All are welcome!**

**1: PTA Sponsored Community Education Night on Thursday, April 28**



Mental health has never been more important, after two years of disruption. While life seems more settled now, our kids are still adjusting to the changes. This presentation will add to our understanding of this new normal, specifically for elementary school-aged children. Lindsey Greene, MSW, with Coordinated Care, will discuss developmental stages and potential warning signs- for anxiety, as well as other potential mental health challenges, and will give us a lot of practical nuggets we can all take to help our kids.

This mental health focused presentation brings together a community mental health presenter, and both a school counselor and school social worker- all three will give specifics on what the community and schools can do to help our children.

**To pre-register for the zoom (The PTA will send you a zoom link to whatever email address you prefer), please sign up here:**

<https://forms.gle/R91HqjAVJRrB9jXv9>

**2. Let's Connect on Monday, May 2\* to talk about: Family Engagement**  
**(\*Please note the date change!)**



Please join Mill Creek administrators and staff to talk about Family Engagement at our school. We will begin with a short presentation and then participants will have an opportunity to provide feedback, in small zoom breakout groups, on the following prompts:

1. What does family engagement mean to you?
2. What have been the most beneficial programs and/or experiences of engagement at Mill Creek Elementary?
3. What could our school do to help you and/or your child(ren) feel more engaged?

**TOPIC:** Family Engagement at Mill Creek

**DATE:** Monday, May 2, 2022

**TIME:** 5:30-6:15

**ZOOM LINK AND PASSCODE:**

<https://everettsd.zoom.us/j/94449838799> Passcode: 232800

Have a wonderful week!

***Warmly,***

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